

It's the Social Event of the Year—the Fun Starts on Saturday, February 8 at 6:30 p.m.

Join Friends and Fellow Sailors at the TYC Winter Gala

By now you should have received your invitations and be eagerly looking forward to spending a pleasurable evening with good friends reminiscing about good times from the past sailing season and making plans for the new one.

If you inspect the photo on the right carefully, you'll notice airplanes on the ceiling. Spinners, venue of choice for the Gala this year, is connected to St. Louis Regional Airport (formerly known as Parks Airport in Cahokia). Remember the fun you had watching planes take off and land with your sweetie in high school? Well, you'll be thrilled to know that Spinners offers a clear view of the runway! Just remember to duck if you see headlights approaching the windows.

Our menu is delectable and we'll have the place to ourselves, so bring hearty appetites and a sense of robust anticipation for what promises to be an evening of camaraderie, laughter and fun.

Cost is a mere \$25 per person (plus \$40/family dues for the 2014 sailing season). Gala attendees are asked to renew their contact information with the Secretary and Treasurer when paying dues.

Spinners Restaurant
6208 Archview Drive
Cahokia, IL 62206



Spinners Restaurant, Site of the 2014 Tradewinds Yacht Club Winter Gala

Gala Dinner Menu

Appetizers

Meatballs in Sweet Heat Glaze
Vegetable Crudite
Pretzel Brat Bites

Dinner

Tossed Garden Salad
Herb Crusted Roast Beef in Au Jus
Chicken Breast in Mushroom
Balsamic Sauce
Roasted Herb Potatoes
Vegetable Medley
Assorted Dinner Rolls

Dessert

Chocolate Cake with Raspberry or
Caramel Sauce
Assorted Cheesecake

Beverages

Dinner includes Coffee or Tea

*Soda and Alcoholic Beverages are
available for purchase at the bar.*

Cocktails: 6:30 p.m.

Dinner: 7:30 p.m.



**There's plenty of
room, delecta-
ble food served
buffet-style and
an awesome
view, to boot!**

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From the Commodore

Welcome, TYC Yacht Club Members

I can't be sure if it's the extreme cold weather and precipitation we've experienced already this winter or the exciting events that have been planned for the next sailing season that spark my excitement for summer to begin. To begin with, congratulations are in order for our new officers who have already planned a nearly full calendar of events for 2014!

This year is the Tenth Anniversary of Tradewinds Yacht Club, an occasion that provides our longer-term members a great reason to reminiscence and newer members the chance to hear about the origins of our club. I will have more information to share about our Tenth Anniversary Celebrations in the very near future.

My goal as an officer for the 2014 sailing season is to build a stronger club where our members enjoy learning about the joys of sailing and form the amazing



Danielle Vera

friendship bonds that are possible through shared passion and interests. I also hope to see an expanded racing program with informational workshops for novice racers.

Thanks to Ellie Vargo for getting *Dock Lines* up and running again. The *TYC Dock Lines* newsletter provides a way for members to stay connected and learn more about the Club. Please contact Ellie at ellievargo.mac@me if you have news or something special you would like to see included in an upcoming issue.

I look forward to seeing each of you at the Winter Gala and on the lake soon!!

– Danielle Vera, Commodore

From the Race Chair

Ladies and Gentlemen, Start Your Engines!

Our Racing Program this season will be similar to last year's. We will have six races in the Spring Series and six races in the Fall Series.

We will again host the TYC Commodore's Cup in the spring and have an overall 2014 points championship. You can also count on beer and burgers after the first day of racing for each series. Skippers' meals are covered by race fees; each crew member pays an additional \$5.

Some changes for 2014:

Skippers' meetings in 2014 will be at 10:00 a.m. We are making a concerted effort to encourage the participation of everyone who has even the slightest interest in racing. I know I speak for many of us when I say that I have learned more from racing than any other type of sailing that I've done.

We have three incentives for getting new racers out: 1) **Newcomer's Race Day.**



Craig Vera

No date for this event has been decided just yet, but 2014 will mark the inaugural season of an introductory race day. Anyone that hasn't raced before, or who has raced a single season or less, is welcome to participate. We will have at least one veteran racing sailor available to join you on board and give pointers.

The purpose of Newcomer's Race Day is to provide a low-key opportunity for racing novices to discover for themselves just how exciting and fun racing can be, and 2) **the race fee is waived for first-timers!**

In an effort to get more boats to come out and race in the Spring and Fall series, we will also be 3) **waiving the race fee for your first racing series.** This allows those worried about paying for something they aren't sure they'll enjoy, to come on out and join us for free!

I am both honored and excited about assuming the Race Chair position for the 2014 season and hope to see more boats in action when the racing season begins.

You'll find more details about our upcoming racing season in the article on the facing page.

– Craig Vera, Race Chair

TYC Membership

Your secretary and treasurer are looking forward to warm weather and a great sailing season in 2014!

The TYC Secretary keeps the membership roster up to date, makes sure there is an official record of TYC meetings, ensures that our club roster is kept current and that our records are safely retained.

The Treasurer manages our club's checking account, solicits and collects dues, obligates funds for events, pays Club-related bills and maintains the Club's financial records.

Karen and I look forward to taking over from Craig and Danielle Vera who did a stellar job of managing our records and finances last year. We plan to be your secretary and treasurer for the next two seasons.

We ask that you please renew your membership at the TYC Winter Gala or mail your annual dues (\$40) to:

Lee Högman
440 S Railway St.
Mascoutah, IL 62258

Please make your checks payable to "Tradewinds Yacht Club." Also make sure that we have your current contact information, particularly your email address and/or phone number and your desired contact method(s).

Your dues are used to fund—in part or in full—all our parties and events throughout the year. We also buy needed equipment and items for the Club, like the blocks used to build the fire pit last year. We are always looking for great ideas for our club to invest in, so please send us your ideas and recommendations!

*Fair Winds and Best Wishes
for a Great Sailing Season to Come!*

– Lee Högman, Secretary
– Karen Högman, Treasurer



Lee and Karen Högman

From the Vice Commodore

It's Never Too Soon to Engage Socially

Shelly and I have thoroughly enjoyed the last two years at Tradewinds. We have met some terrific people, made some new friends and learned a *ton* about sailing. We can't wait for warm weather! One of the great things about Tradewinds Yacht Club is the social events and parties, which are great way to meet and socialize with fellow sailors. If you're new to the Club, an event is a great way to make friends. I can't think of friendlier people than the people you will find hanging out at Tradewinds.

The below 2014 Event Schedule is also posted on the Tradewinds website: www.tradewindsyachtclub.com. Check the events out; you might enjoy hosting or co-hosting one of them. There will be a sign up sheet with an explanation of each event at the Gala.

If you are considering hosting an event, please remember that other members are always ready to pitch in and help. You don't have to go it alone! Also, the cost of our events is generally covered by Club dues, so get more information about events you think you'd like to host at the Gala. Some events are "big" (races) and some are small and easy.



Shelly and Brian Stork

You will see some new events as well as tried and true "traditionals." If you have a novel event idea, go for it!

Consider hosting an event to help make this a great year at Tradewinds. We look forward to seeing all of you at the Gala and really look forward to enjoying the 2014 season with both old and new friends at the lake.

– Brian (Vice Commodore / Social Chair)
and Shelley Stork

Tentative 2014 TYC Event Schedule

(All dates are Saturdays)

April 26 . . . Customer Appreciation Day Terry Alexander/Greg Kintz, owners
May 3
May 10 . . . Race Seminar / Starting Practice
May 17 . . . Races 1 & 2 / Grilled Pizza Night
May 24 . . . Memorial Day Weekend
May 31 . . . Races 3 & 4 Jamaican Island Party
June 7 . . . Race 5 & 6 Movie Night
June 14 . . . Commodore's Cup Hog Roast, Live Band (10th Anniversary)
June 21 . . . CYC Cup
June 28 . . . Race Make-Up Carlyle Fireworks / Raft Up
July 5 . . . Galley Crawl Hosted by Hollingsworths
July 12 . . . Ladies' Day on the Water
July 19 . . . Jam Session Night
July 26
Aug 2 . . . Ice Cream Social
Aug 9 . . . Diesel Engine Seminar
Aug 16 . . . Group Boat Renaming
Aug 23
Aug 30 . . . Labor Day Weekend / Kids' Day Sailing
Sept 6 . . . Race 1 & 2 Horse Race Night
Sept 13 . . . Race 3 & 4 Poker Party
Sept 20 . . . Race 5 & 6 Talk Like a Pirate Night
Sept 27 . . . Race Make Up
Oct 4 . . . BBQ & Bluegrass Hosted by Storks
Oct 11
Oct 18 . . . Chili Cook off
Oct 25
Nov 1 . . . Halloween Party

*Yes, some open dates remain
and hosts are needed!*

2014 Racing Program

The spring races have been moved ahead by one weekend earlier than last year in an attempt to avoid some of the late spring/early summer heat that has challenged us over the past few years.

Six spring and six fall races are scheduled as double headers. In the event that races have to be postponed, dates have been established for make-up races as needed. While six races are scheduled for each season, only four races need to be finished to ensure point scoring.

Each race will again be \$10 with a discounted rate of \$40 for the series if the whole fee is paid in advance.

The first race of each double-header will be a triangle course. The second will be a windward-leeward course. A race packet will be provided with basic information about the courses, the starting sequence and sailboat racing.

I will again be looking for volunteers for the committee boat. I plan on committee boating at least the first race of each season, but would like to get out there and race, too!

I hope you're looking forward to racing as much as I am—see you on the water. Eat my wind!

– Craig Vera, Race Chair

From the Editor



Ellie Vargo

When your officers met early in December to plan the 2014 season, we uniformly agreed that we wanted new members to dive in and take an active part in Club activities.

Since I'm still a "newby," at TYC, I can tell you that I was initially intimidated by the number of long-term, close friendships. I also enjoy solitude, so I'm quite comfortable working on *Inamorata* while husband Mike enjoys chatting with whoever happens to be hanging out around the clubhouse.

I've found that we have members of all ages and interests and there is room for those who are outgoing and gregarious or more reserved, like I am. Sailors have many common interests and share a love of the water. We also come from all walks of life. If you join in the social activities and come out to Carlyle to play, you'll fit in; I promise!



It's Been a Tough Winter at Tradewinds, My Home Marina . . .

This particularly harsh winter has posed numerous challenges for the marina. Ice has been our nemesis and we have sustained some damage to docks and boat lifts. Fortunately, no boats have sustained damage, and we are sincerely hoping that the worst is over.

Winter time is when the clubhouse becomes more of a workshop. Currently, we are working diligently to refinish the gangway to the covered docks. The work is not terribly difficult, but it is very time consuming. Most of the planking is ten years old and, while it has held up very well, it is in need of some work to ensure its safety and function. Plans are set for adding some lighting to the Mezzanine in the clubhouse, and should be completed by Welcome Back/Customer Appreciation Day.

Watch your mail the first week of March. We will be sending letters out with new codes for the gate and building. You only get a letter if you have sent in a current contract. Contact the office at 618-749-5649 if you have not received a contract for 2014 .

Inspecting the boatyard, I have to say, makes me proud of you, my customers. No

issues have surfaced with regard to boats. You did a great job preparing for winter! Despite brutal winds, most tarps have survived in place. Let me tell you, trying to secure a tarp and tie knots in 25kt winds with single-digit temperatures is a daunting, albeit comical, task. It's hard to accomplish anything when you are wearing so much cold weather gear you move like an apoplectic Stay Puft Marshmallow Man.

New Year's Day saw the first sailing of 2014, and the honor goes to *Sea Nymph*! After chipping through the ice to exit the marina, the hearty crew set sail in the small area of open water between the marina and the boat ramp because everything else was ice covered. Thank goodness



Craig Swann

there was plenty of "antifreeze" on board, however that could partially account for the sailing around in little circles!

Captain Sean Gannon surmised the outing to be "utterly ridiculous," while the crew likened the voyage to the famed "Shackleton expedition," drawing on fears of the ship's being frozen in. I believe, for future reference, the sailing event on New Year's Day shall hitherto be known as "The Shackleton Sail," a somber name for a momentous and less than somber event.

**Yachting
at
TYC**
Join The Fun



Well, that's the news from my home marina, Tradewinds, where all the drinks are strong, the boats are good looking, and the boaters are above average.

contact information

618.749.5649
tradewinds@frontiernet.net
www.tradewindsyachtclub.com

Seafarer's Lore

The phrase "three sheets to the wind" does indeed come from the world of seafaring, specifically sailing ships. The "sheets" in the phrase are not sails, but ropes. Of course, the first thing one learns about ropes once aboard ship is that they are never called "ropes." They are named according to their particular function: halyards (which move or hold things, usually sails, vertically), sheets (which move or hold things horizontally), and lines (which hold things in a static position).

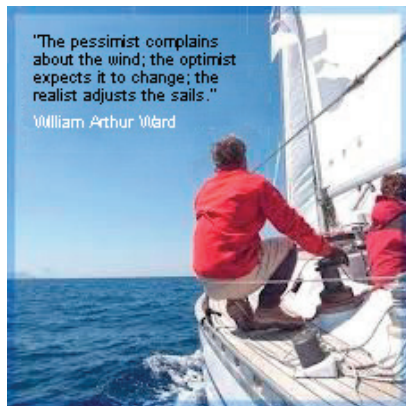
The sheets in this case are those ropes that hold the sails in place. If one sheet is loose, the sail will flap in the wind and

progress will be unsteady. Two sheets loose ("in the wind"), and you have a major problem, and with "three sheets in the wind," the ship reels like a drunken sailor.

The specific number of "three sheets" in the phrase wasn't random, by the way; there was, at one time, a sort of rating system of inebriation among sailors,

where "one sheet" meant "tipsy" and so on, up to "four sheets in the wind," meant to be completely unconscious.

Learn these meanings, Sailors, as you'll surely have occasion to use them . . . and, yes, there will be a test.



"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails."

William Arthur Ward

2014 Officers

Commodore Danielle Vera
Race Chair Craig Vera
Vice Commodore / Social Chair Brian Stork
Secretary Lee Högman
Treasurer Kaen Morris-Högman
Power Squadron Commander Doug Hayden
Media Representative/Dock Lines Editor Ellie Vargo
Web Master Steve Hollingsworth
Board Member Theresa Hollingworth
Board Member Anne McKenzie
Board Member Bill McKenzie

**Tradewinds
Yacht Club**